BECs in optical lattices





A periodic potential can be generated by two counter-propagating laser beams which produce a standing wave of the form $E(z,t) = Ee^{-i\omega t} \sin(qz) + c.c.$

The time averaged effective field $V_{opt}(z) = -(1/2)\alpha(\omega) \langle E^2(z,t) \rangle$ takes the form $V_{opt}(z) = -\alpha(\omega)E^2 \sin^2(qz)$

where $\alpha(\omega) \equiv$ dipole polarizability.

(natural extension to 2D and 3D periodic potentials)





Ideal crystal-like systems:

- no impurities
- no defects

bosons, fermions, or both together.

 possibility of tuning depth of the potential, lattice spacing, atom-atom interaction, dimensionality.

New physics in the presence of periodic potentials.

-Without interaction:

Interference in momentum distribution, Bloch oscillations, etc.

- With interactions:

Josephson oscillations, dynamic instabilities, superfluid-Mott insulator transition and other quantum phases (including spin degrees of freedom).

Sort of "Solid state physics" revisited !





Note

If noninteracting:

Width of the wavefunction in a lattice site

$$V_{opt}(z) = sE_r \sin^2(qz)$$

Momentum distribution

$$\Psi(z) = \sum_{l} f(z - ld)$$

Fourier transform of Wannier function

where
$$\Psi(p) = (2\pi\hbar)^{-1/2} \sum_{l} \int dz e^{-ipz/\hbar} f(z-ld) = f_0(p) \sum_{l} e^{-ildp}$$

 $\left| n(p) = \left| \Psi(p) \right|^2 \right|$

If s>>1
If noninteracting:

$$n(p) = f_0^2(p) \frac{\sin^2(N_w pd/2\hbar)}{\sin^2(pd/2\hbar)}$$

$$f_0(p) = \frac{\sigma^{1/2}}{\pi^{1/4}\hbar^{1/2}} \exp(-p^2\sigma^2/2\hbar^2)$$

$$n(p) = f_0^2(p) \frac{\sin^2(N_w pd/2\hbar)}{\sin^2(pd/2\hbar)}$$
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The momentum distribution is characterized by series of peaks located at

$$p = 2\pi\hbar n / d = 2n\hbar q_B = 2np_B$$

Each peak has relative weight $\exp(-4\pi^2 n^2 \sigma^2 / d^2)$

and relative width

$$\hbar / N_w d = \hbar / Z$$

$$\downarrow$$
Size of the trapped gas





coherent matter wave diffraction from a lattice made of **light** *instead of* **coherent light diffraction** from a lattice made of **matter** Free expansion of BEC out of a lattice





coherent matter wave diffraction from a lattice made of **light** *instead of* **coherent light diffraction** from a lattice made of **matter**

Free expansion of BEC out of a lattice

in 3D (I.Bloch et al., 2002)





coherent matter wave diffraction from a lattice made of **light** *instead of* **coherent light diffraction** from a lattice made of **matter**

Note:

Interactions and harmonic trapping do not change significantly the mechanism of the expansion and the peak separation provided

$$\mu < E_r$$

They instead affect the occupation **number of atoms in each well** and hence the **shape** of the **density distribution**.

One can use GP theory (within certain limits of applicability)

A uniform system is translationally invariant

momentum is a good quantum number

A periodic external potential breaks the translational invariance

momentum is NOT a good quantum number

However, one can always write wavefunctions (and order parameter) in this form:

 $\Psi_P(z) = e^{iPz/\hbar} \varphi_P(z)$ Bloch waves

(as for electrons in a solid)

where $\varphi_P(z)$ has the same periodicity of the lattice: $\varphi_P(z) = \varphi_P(z+d)$

P is the **quasi-momentum**!

It coincides with true momentum only in the limit $s \rightarrow 0$

For a BEC in an 1D optical lattice, one can use the Bloch wave decomposition

$$-\Psi_P(z)=e^{iPz/\hbar}\varphi_P(z)$$

for the order parameter solution of the GP equation.

$$\left[-\frac{\hbar^2}{2m}\frac{d^2}{dz^2}+V_{opt}(z)+g\left|\Psi_P(z)\right|^2\right]\Psi_P(z)=\mu\Psi_P(z)$$

$$-\frac{\hbar^2}{2m}\left(\frac{d}{dz}-i\frac{P}{\hbar}\right)^2\varphi_P(z)+\left[g\left|\varphi_P(z)\right|^2+V_{opt}(z)\right]\varphi_P(z)=\mu(P)\varphi_P(z)$$

$P=0 \rightarrow BEC$ at rest in the lattice. $P\neq 0 \rightarrow BEC$ moving in the lattice.

$$-\frac{\hbar^2}{2m}\left(\frac{d}{dz}-i\frac{P}{\hbar}\right)^2\varphi_P(z)+\left[g|\varphi_P(z)|^2+V_{opt}(z)\right]\varphi_P(z)=\mu(P)\varphi_P(z)$$

Since all functions are periodic with period *d*, one can solve this equation in a single lattice site.

The energy of the solutions will be a function of the quasi-momentum *P*, which can be calculated in the first Brillouin zone:

$$-p_B \leq P \leq p_B$$
, $p_B = \hbar/d$











$$-\frac{\hbar^{2}}{2m}\left(\frac{d}{dz}-i\frac{P}{\hbar}\right)^{2}\varphi_{P}(z)+\left[g|\varphi_{P}(z)|^{2}+V_{opt}(z)\right]\varphi_{P}(z)=\mu(P)\varphi_{P}(z)$$
average density
Large s: tight-binding limit
$$\mathcal{E}(P)=2\delta_{J}\sin^{2}(Pd/2\hbar)$$

$$\delta_{J}=\frac{\hbar^{2}}{m^{*}d^{2}}$$
tunnelling energy
In this regime the flow is dominated by macroscopic tunnelling between lattice sites.

0

0

0.5

 p/p_B

1.5

1

$$-\frac{\hbar^2}{2m}\left(\frac{d}{dz}-i\frac{P}{\hbar}\right)^2\varphi_P(z)+\left[g\left|\varphi_P(z)\right|^2+V_{opt}(z)\right]\varphi_P(z)=\mu(P)\varphi_P(z)$$

Important remark:

GP equation is nonlinear. Differently from Schrödinger equation, it admits nonlinear stationary states with P larger than p_B .



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if
$$2gn > sE_R$$

Swallaw tails





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$$2gn > sE_R$$

Swallaw tails

Machholm et al., PRA 67, 053613 (2003).

PHYSICAL REVIEW A 67, 053613 (2003)



FIG. 1. Energy per particle as a function of wave number for the owest bands. The results are obtained from numerical calculations based on wave function (6), as described in Sec. II B.

$$-\frac{\hbar^2}{2m}\left(\frac{d}{dz}-i\frac{P}{\hbar}\right)^2\varphi_P(z)+\left[g\left|\varphi_P(z)\right|^2+V_{opt}(z)\right]\varphi_P(z)=\mu(P)\varphi_P(z)$$

Important remark:

GP equation is nonlinear. Differently from Schrödinger equation, it admits nonlinear stationary states with P larger than p_B .



Swallaw tails

Other effects of nonlinearity:

Solitons (bright, dark, gray,...)

Excitations in the linear (small amplitude) regime: Bogoliubov quasiparticles.

$$\begin{split} &\hbar \omega_{j} u_{j} = \left(-\frac{\hbar^{2}}{2m} \nabla^{2} + V_{ext} - \mu + 2gn_{0} \right) u_{j} + g\Psi_{0}^{2} v_{j} \\ &-\hbar \omega_{j} v_{j} = \left(-\frac{\hbar^{2}}{2m} \nabla^{2} + V_{ext} - \mu + 2gn_{0} \right) v_{j} + g\Psi_{0}^{*2} u_{j} \end{split}$$
with
$$\Psi_{0}(\mathbf{r},t) = e^{-i\mu t} [\Psi_{0}(\mathbf{r}) + u_{j}(\mathbf{r})e^{-i\omega_{j}t} + v_{j}^{*}(\mathbf{r})e^{i\omega_{j}t}] = e^{-i\mu t} [\Psi_{0}(\mathbf{r}) + \delta\Psi_{0}(\mathbf{r})]$$

$$\text{In a periodic potential} \rightarrow \text{Bloch waves}$$

$$\Psi_{0}(z,t) = e^{-i\mu(P)t} e^{iPz/\hbar} [\varphi_{P}(z) + \delta\varphi_{P}(z,t)]$$
with
$$\delta\varphi_{P}(z,t) = \sum_{q,j} [u_{qP,j}(z)e^{i(qz-\omega_{qP,j}t)} + v_{qP,j}^{*}(z)e^{-i(qz-\omega_{qP,j}t)}]$$

Excitations in the linear (small amplitude) regime: Bogoliubov quasiparticles.

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$$\text{In a periodic potential} \Rightarrow \text{Bloch waves}$$

$$\Psi_{0}(z, t) = e^{-i\mu(P)t} e^{iPz/\hbar} [\varphi_{P}(z) + \delta\varphi_{P}(z, t)]$$
with
$$\delta q_{P}(z, t) = \sum_{q \neq 0} [u_{qP,j}(z)e^{i(qz-\omega_{qP,j}t)} + v_{qP,j}^{*}(z)e^{-i(qz-\omega_{qP,j}t)}]$$

$$\text{quasi-momentum}$$
of the condensate of the quasiparticle band index

$$\hbar \omega_{j} u_{j} = \left(-\frac{\hbar^{2}}{2m} \nabla^{2} + V_{ext} - \mu + 2gn_{0} \right) u_{j} + g \Psi_{0}^{2} v_{j}$$
$$-\hbar \omega_{j} v_{j} = \left(-\frac{\hbar^{2}}{2m} \nabla^{2} + V_{ext} - \mu + 2gn_{0} \right) v_{j} + g \Psi_{0}^{*2} u_{j}$$

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Z

$$\hbar \omega_{j} u_{j} = \left(-\frac{\hbar^{2}}{2m} \nabla^{2} + V_{ext} - \mu + 2gn_{0} \right) u_{j} + g \Psi_{0}^{2} v_{j}$$
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$$\Psi_{0}(z,t) = e^{-i\mu(P)t} e^{iPz/\hbar} [\varphi_{P}(z) + \delta \varphi_{P}(z,t)]$$

$$\delta \varphi_{P}(z,t) = \sum_{q,j} [u_{qP,j}(z)e^{i(qz-\omega_{qP,j}t)} + v_{qP,j}^{*}(z)e^{-i(qz-\omega_{qP,j}t)}]$$

Including transverse radial trapping:

$$\delta \varphi_P(r, z, t) = \sum_{q, j \in \mathbb{N}} [u_{qP, j, n}(z)e^{i(qz - \omega_{qP, j, n}t)} + v_{qP, j, n}^*(z)e^{-i(qz - \omega_{qP, j, n}t)}]$$
radial quantum number (number of radial nodes)

Tadiai qualituiti fiuttibei (fiuttibei of fadiai fiodes)









Example: no lattice (*P*=0, only *q* and *n*)





Longitudinal Bogoliubov phonon: small q ($q << \xi^{-1}$), long wavelength. $\omega = cq$, with c sound velocity.

2

Spectroscopic measurements by means of light (**Bragg**) scattering. Measure of the total momentum transferred to a BEC. Resonant response at the Bogoliubov frequencies.

Multi-branch Bogoliubov spectrum



J.Steinhauer, N.Katz, R.Ozeri, N.Davidson, C.Tozzo, F.Dalfovo, PRL 90, 060404 (2003)

Example: no lattice (*P*=0, no *j*, only *q* and *n*) 25 20 Ζ ω_{qn} 15 10



In a lattice + transverse trap





Excitation spectrum of a BEC at rest (**P=0**) in a lattice with s=5. Lowest two Bloch bands, 20 radial branches.



Lowest two Bloch bands, 20 radial branches.

In a lattice + transverse trap

 $P \neq 0 \rightarrow$ BEC moving in the lattice

The Bogoliubov equations give the excitations on top of the moving BEC

Remember:

P: quasi-momentum of the condensate

 $\hbar q$: quasi-momentum of the excitation

 $q_B = \pi/d$: Bragg wavevector

Real part of the excitation spectrum for P=0,0.25,0.5,0.55,0.75,1 p_B. Lowest band only.

for $P=0,0.25,0.5,0.55,0.75,1 p_{B.}$ Lowest band only.

Real part of the excitation spectrum for $P=0,0.25,0.55,0.75,1 \text{ p}_{\text{B.}}$ Lowest band only.

 \Rightarrow resonance condition for two particles decaying into two different Bloch states

Real part of the excitation spectrum for P=0,0.25,0.5,0.55,0.75,1 p_{B.} Lowest band only.

Energetic and dynamical instability

Stationary solution + fluctuations:

$$\psi = \psi_0 + \delta \psi$$
$$\delta E = \int \left(\delta \psi^* \delta \psi \right) M(p) \begin{pmatrix} \delta \psi \\ \delta \psi^* \end{pmatrix}$$
$$M(p) = \begin{pmatrix} H_0 + 2g |\psi_0|^2 & g \psi_0^2 \\ g \psi_0^{*2} & H_0 + 2g |\psi_0|^2 \end{pmatrix}$$

 Negative eigenvalues of M(p) ⇒ energetic (Landau) instability.
 It takes place in the presence of dissipation (impurities, obstacles, thermal excitations, etc.)

Superfluidity

Landau Instability

Energy local minimum

Energy saddle point

Time dependent fluctuations:

 $\psi(t) = \psi_0 + \delta \psi(t)$

Bogoliubov equations:

$$i\hbar\partial_t \begin{pmatrix} \delta\psi\\\delta\psi^* \end{pmatrix} = \sigma_z M(p) \begin{pmatrix} \delta\psi\\\delta\psi^* \end{pmatrix}$$

 $\sigma_z \equiv \begin{pmatrix} I & 0 \\ 0 & -I \end{pmatrix}$

 Imaginary eigenvalues of M(p) ⇒ modes that grow exponentially with time. Dynamical instability.

From Bogoliubov equation: stability diagram in the (P,q) plane at a given s.

The results agree with time-dependent GP **simulations** and with **experiments** (at LENS, Florence) on the disruption of superfluidity of a BEC accelerated in a lattice.

Center-of-mass velocity vs time.

The band structure of the Bogoliubov excitations can also be measured by means of light (**Bragg**) scattering as in recent experiment in Florence (Fabbri et al., 2009; Clement et al., 2009).

Let us come back to

Bloch waves and bands

$$-\frac{\hbar^2}{2m}\left(\frac{d}{dz}-i\frac{P}{\hbar}\right)^2\varphi_P(z)+\left[g\left|\varphi_P(z)\right|^2+V_{opt}(z)\right]\varphi_P(z)=\mu(P)\varphi_P(z)$$

average density

Large s: tight-binding limit

In this regime the flow is dominated by macroscopic tunnelling between lattice sites.

Let us come back to

Bloch waves and bands

$$-\frac{\hbar^2}{2m}\left(\frac{d}{dz}-i\frac{P}{\hbar}\right)^2\varphi_P(z)+\left[g\left|\varphi_P(z)\right|^2+V_{opt}(z)\right]\varphi_P(z)=\mu(P)\varphi_P(z)$$

average density ∱

In this regime the flow is dominated by macroscopic tunnelling between lattice sites.

We want to understand the connection with the physics of Josephson effect

Assumption: small overlap between two BECs under the barrier.

Important results: atomic current associated with phase difference!!

Josephson oscillations

BEC in a double well potential

Now recall the phase equation

$$\hbar \frac{\partial}{\partial t} S = -\left(\frac{1}{2}mv_S^2 + V_{ext} + \mu\right)$$

and neglect v^2 (small currents). One gets

$$\frac{\partial \phi}{\partial t} = -\frac{1}{\hbar} (\mu_a - \mu_b)$$

Then define

$$k = (N_a - N_b) / 2$$

and expand μ with respect to k. One gets $\frac{\partial \phi}{\partial t} = -\frac{E_C}{\hbar}k$ with $E_C = 2\frac{d\mu_a}{dN_a}$ Moreover, this equation $I = -I_j \sin \phi$ becomes $\frac{dk}{dt} = -I_j \sin \phi$

Josephson oscillations

BEC in a double well potential

These two equations are valid for small overlap, small current, large N_a and N_b , small (N_a-N_b) .

They can be rewritten in Hamiltonian form:

Josephson Hamiltonian

$$H_J = \frac{1}{2} E_C k^2 - E_J \cos \phi$$

Small oscillations: $\hbar \omega = \sqrt{E_C E_J}$

$$\frac{\partial \hbar k}{\partial t} = -\frac{\partial H_J}{\partial \phi}$$
$$\frac{\partial \phi}{\partial t} = \frac{\partial H_J}{\partial (\hbar k)}$$

Note: $\hbar k$ and ϕ play the role of canonically conjugate variables!

A generalization of the previous calculations gives the Josephson Hamiltonian:

$$H_{J} = -\frac{E_{C}}{4} \sum_{l} (N_{l}')^{2} - \delta_{J} \sum_{l} \sqrt{(N_{0} + N_{l+1}')(N_{0} + N_{l}')} \cos(S_{l+1} - S_{l})$$

 $E_c = 2d\mu_l / dN_l$ on-site energy parameter (or charging energy)

$$\delta_{J} = \frac{\hbar^{2}}{m} \left[\psi_{l} \frac{\partial \psi_{l+1}}{\partial z} - \psi_{l+1} \frac{\partial \psi_{l}}{\partial z} \right]$$

Tunnelling energy parameter (approximation: only tunnelling between adjacent sites)

Josephson oscillations in a lattice

$$H_{J} = -\frac{E_{C}}{4} \sum_{l} (N_{l}^{'})^{2} - \delta_{J} \sum_{l} \sqrt{(N_{0} + N_{l+1}^{'})(N_{0} + N_{l}^{'})} \cos(S_{l+1} - S_{l})$$

Equilibrium: $N_l = 0$, $S_l = const$

Small oscillations around equilibrium:

$$\begin{aligned} \frac{\partial S_{l}}{\partial t} &= -\frac{E_{C}}{2\hbar} N_{l}^{'} + \frac{\delta_{J}}{4N_{0}} (N_{l+1}^{'} - 2N_{l}^{'} + N_{l-1}^{'}) \\ \hbar \frac{\partial N_{l}^{'}}{\partial t} &= -N_{0} \delta_{J} (S_{l+1} - 2S_{l} + S_{l-1}) \end{aligned}$$

one finds the dispersion relation in tight binding limit (Javanainen 1999)

$$\mathcal{E}_{exc}^{2}(p) = N_{0}E_{C}\mathcal{E}_{0}(p) + \mathcal{E}_{0}^{2}(p)$$

with $\mathcal{E}_{0}(p) = 2\delta_{J}\sin^{2}(pd/2\hbar)$

This is the spectrum of excitations. It includes the free particle limit ($E_c=0$) and the phononic limit (long wavelength), in a lattice.

Josephson oscillations in a lattice

Large s: tight-binding limit

Energy per particle of BEC moving in the lattice with quasi-momentum *P*

Josephson oscillations in a lattice

The physics of the Josephson effect is the subject of a huge field of investigations:

in superconducting devices (Josephson junctions)

in superfluids (3He and He4, ultracold gases)

Recent experiments by M. Oberthaler et al. with BECs in a double well

Josephson oscillations in a lattice

The physics of the Josephson effect is the subject of a huge field of investigations:

in superconducting devices (Josephson junctions)
 in superfluids (3He and He4, ultracold gases)

Experiments at LENS-Florence with a BEC in an optical lattice in the regime of weakly coupled condensates (Josephson Junction Arrays with Bose-Einstein Condensates, Science, 2001)

What we have seen so far is valid if the number of particles in each lattice site is large (i.e., well defined BEC density and phase, GP theory works, etc.).

If the **number** of particles **per site** is of order of **unity** the formalism of **Josephson** Hamiltonian is **no longer adequate**.

This is usually the case in 3D optical lattices.

What we have seen so far is valid if the number of particles in each lattice site is large (i.e., well defined BEC density and phase, GP theory works, etc.).

If the **number** of particles **per site** is of order of **unity** the formalism of **Josephson** Hamiltonian is **no longer adequate**.

One has to start again from the full quantum Hamiltonian

$$\hat{H} = \int d\mathbf{r} \,\hat{\Psi}^{+}(\mathbf{r}) \left[-\frac{\hbar^2 \nabla^2}{2m} + V_{ext}(\mathbf{r}) \right] \hat{\Psi}(\mathbf{r}) + \frac{1}{2} \iint d\mathbf{r} d\mathbf{r}' \,\hat{\Psi}^{+}(\mathbf{r}) \hat{\Psi}^{+}(\mathbf{r}') V(|\mathbf{r} - \mathbf{r}'|) \hat{\Psi}(\mathbf{r}') \hat{\Psi}(\mathbf{r}')$$

use the potential $V_{\rm eff} = g \delta(r - r')$

$$\hat{H} = \int d\mathbf{r} \,\hat{\Psi}^{+}(\mathbf{r}) \left[-\frac{\hbar^2 \nabla^2}{2m} + V_{ext}(\mathbf{r}) \right] \hat{\Psi}(\mathbf{r}) + \frac{g}{2} \int d\mathbf{r} \,\hat{\Psi}^{+}(\mathbf{r}) \hat{\Psi}^{+}(\mathbf{r}) \hat{\Psi}(\mathbf{r}) \hat{\Psi}(\mathbf{r})$$

$$\hat{H} = \int d\mathbf{r} \,\hat{\Psi}^{+}(\mathbf{r}) \left[-\frac{\hbar^2 \nabla^2}{2m} + V_{ext}(\mathbf{r}) \right] \hat{\Psi}(\mathbf{r}) + \frac{g}{2} \int d\mathbf{r} \,\hat{\Psi}^{+}(\mathbf{r}) \hat{\Psi}^{+}(\mathbf{r}) \hat{\Psi}(\mathbf{r}) \hat{\Psi}(\mathbf{r})$$

Then remember that we are in lattice and write the field operators using a basis of single site operators: $\sum_{i=1}^{n}$

$$\Psi^{+} = \sum_{k} \varphi_{k} \hat{a}_{k}^{+}$$
This creates a particle in the *k*-site
By ignoring all interaction terms except those involving nearest neighbors, one obtains
$$Pairs of nearest neighbors$$
Bose-Hubbard
Hamiltonian
$$\hat{H} = \frac{E_{C}}{4} \sum_{k} \hat{n}_{k} (\hat{n}_{k} - 1) - \frac{\delta_{J}}{2} \sum_{\langle k, l \rangle} (\hat{a}_{k}^{+} \hat{a}_{l} + \hat{a}_{l}^{+} \hat{a}_{k})$$
On-site interaction
$$\hat{n}_{k}^{+} = \hat{a}_{k}^{+} \hat{a}_{k}$$
Tunnelling parameter
$$\delta_{J} = -2 \int d\mathbf{r} \, \varphi_{k} \left[-(\hbar^{2} / 2m) \nabla^{2} + V_{ext} \right] \varphi_{l}$$

Bose-Hubbard Hamiltonian

$$\hat{H} = \frac{E_C}{4} \sum_k \hat{n}_k (\hat{n}_k - 1) - \frac{\delta_J}{2} \sum_{< k, l > 0} (\hat{a}_k^+ \hat{a}_l + \hat{a}_l^+ \hat{a}_k)$$

The phase diagram of B-H Hamiltonian exhibits a superfluid-Mott insulator transition for integer values of the average occupation number per site.

Superfluid phase corresponds to non vanishing of average

$$\left\langle \hat{\Psi} \right\rangle = \left\langle \sum_{k} \varphi_{k} \hat{a}_{k} \right\rangle \neq 0$$
 Order parameter

➢ For occupation number =1 many-body theory theory predicts quantum phase transition at critical value (Fisher et al. 1989)

$$E_C / \delta_J = 34.8$$

For larger values of E_C / δ_J insulator phase (no long range order).

For smaller values **superfluid** phase (long range order).

- Extension of theory to harmonic trapping: Jacksch et al., 1998.

- In Bose gases, the superfluid phase can be tested by measuring interference patterns in expanding condensates. Interference is the result of the occurrence of an order parameter and reflects its coherent behaviour in **momentum space**.

- **Disappearence of fringes** at large lattice intensities reveals the occurrence of the **transition to the Mott insulating phase**.

(I.Bloch et al. Nature 2002)

What next:

Ultracold Fermions and Bogoliubov - de Gennes theory