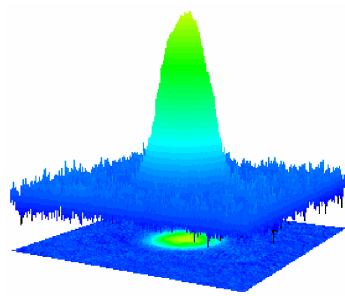
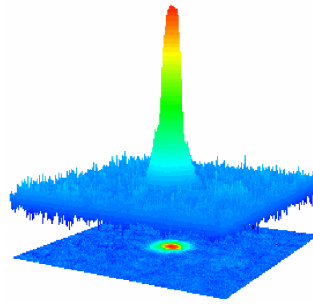


# Bose-Einstein Condensation : production, fundamentals and modern aspects

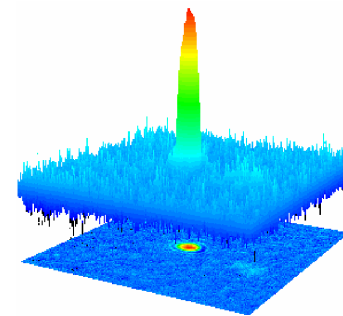
V.S.Bagnato  
ISFC/USP



$T > T_c$



$T < T_c$



$T \ll T_c$

Lecture II

## Lectures:

- 1) The importance of BEC. Basic concepts for BEC
- 2) Interactions in BEC/lattices (exercise) /Thermodynamics
- 3) How to make BEC?
- 4) Coherent modes : equivalence with quantum optics
- 5) Superfluidity aspects: vortices, turbulence and more

## V - Interactions

First approx.  $H = \frac{p^2}{2m} + u(\vec{r}) + \int m(\vec{r})$

$\mu > 0 \rightarrow$  repulsion

$\mu < 0 \rightarrow$  attraction

$$\rho(\vec{r}) = c \int \sqrt{\epsilon - u_{\text{eff}}(\vec{r})} d^3r$$

Using  $m(\vec{r}) \approx \frac{e^{-u(\vec{r})/\mu T}}{\lambda_D^3(T)}$



Determine new  $T_c$

$$\frac{N_0}{N} = 1 - \left(\frac{T}{T_c^0}\right)^{2+1} - \mu A \left(\frac{T}{T_c^0}\right)^{2+3/2}$$

What is the value of  $\mu$ ?

Consider we know  $a$  and a contact potential

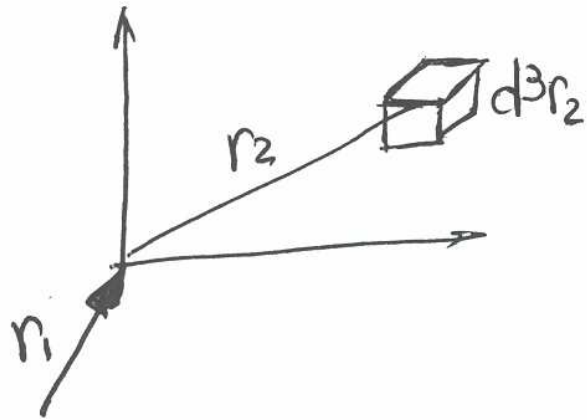
$$V(\bar{r}_1 - \bar{r}_2) = V_0 \delta(\bar{r}_1 - \bar{r}_2)$$

$V_0 = \text{Energy} \cdot \text{Volume}$

$$\text{Energy/particle} = \frac{1}{2} \int V(\bar{r}_1 - \bar{r}_2) m d^3 r_2$$

$$= \frac{1}{2} \int V_0 \delta(\bar{r}_1 - \bar{r}_2) m d^3 r_2$$

$$= \frac{1}{2} V_0 m$$



$$f_m = \frac{1}{2} V_0 m$$

$$f = \frac{1}{2} V_0$$

From simple scattering using a contact potential  $V_0 = \frac{4\pi\hbar^2}{m} a$

$$\rightarrow \boxed{f = \frac{2\pi\hbar^2}{m} a}$$

Ex: Harmonic Oscillator

$$\frac{N_0}{N} = 1 - \left(\frac{T}{T_c^0}\right)^2 - \frac{4a}{\lambda_D(T)} \left(\frac{T}{T_c^0}\right)^{7/2} + \dots$$



Calculation of properties.

# Gross - Pitaevskii equation

Cooling down the system so that all atoms are in a coherent condensate state

$$\bar{\Psi} = \prod_i^N \phi_i$$

$$H = \frac{-\hbar^2}{2m} \nabla^2 + U(\bar{r}) + A |\phi|^2$$

is the one particle hamiltonian

In a variational approach.

$$E[\phi] = \langle \phi | H | \phi \rangle$$

$$= \int dr \left[ \frac{\hbar^2}{2m} |\nabla\varphi|^2 + u(r)|\varphi|^2 + \frac{1}{2} A |\varphi|^4 \right]$$

Minimizing  $E[\varphi]$  with the constraint  
 $\delta E - \mu \delta N = 0$

→ Lagrange multipliers

$$\left[ \frac{-\hbar^2}{2m} \nabla^2 \varphi + u(r) \varphi + A |\varphi|^2 = \mu \varphi \right]$$

Time independent Gross-Pitaevskii

\* Has the form of a Schrödinger equation

\* Eigenvalue is the chemical potential, not the energy/particle as the conventional Schrödinger equation  $(\mu = \frac{\partial E}{\partial N})$

$$E = \langle \varphi | H | \varphi \rangle$$

⇒ Many ways to solve G.P. equation

$$A \approx \frac{4\pi N \hbar^2 a}{m} \quad (N-1)$$



Thomas-Fermi  $\rightarrow$

- \* Neglecting the kinetic energy term
- \* Strong repulsive interaction

$$[U(r) + A|\varphi|^2]\varphi = \mu\varphi$$

$\rightarrow$   ~~$\frac{1}{A}$~~   $|\varphi|^2 = n(r) = \frac{\mu - U(r)}{A}$

For  $U(r) = \mu \rightarrow$  boundary of the cloud  
 $\varphi = 0$  outside.

For a Harmonic Trap:  $U(r) = \frac{1}{2} m \omega^2 r^2$

and  $\int |\psi|^2 d^3r = 1$

$\rightarrow \frac{1}{2} m \omega^2 R^2 = \mu \rightarrow R^2 = \frac{2\mu}{m\omega^2}$

Using  $\int_0^R |\psi|^2 d^3r = 1 \rightarrow \int_0^{\left(\frac{2\mu}{m\omega^2}\right)^{1/2}} \left(\mu - \frac{1}{2} m \omega^2 r\right) \frac{4\pi r^2 dr}{A} = 1$

$\rightarrow$  extract

$$l_0 = \sqrt{\frac{\hbar}{m\omega}}$$

$$\mu = \frac{(15)^{2/5}}{2} \left(\frac{Na}{l_0}\right)^{2/5} \hbar\omega$$

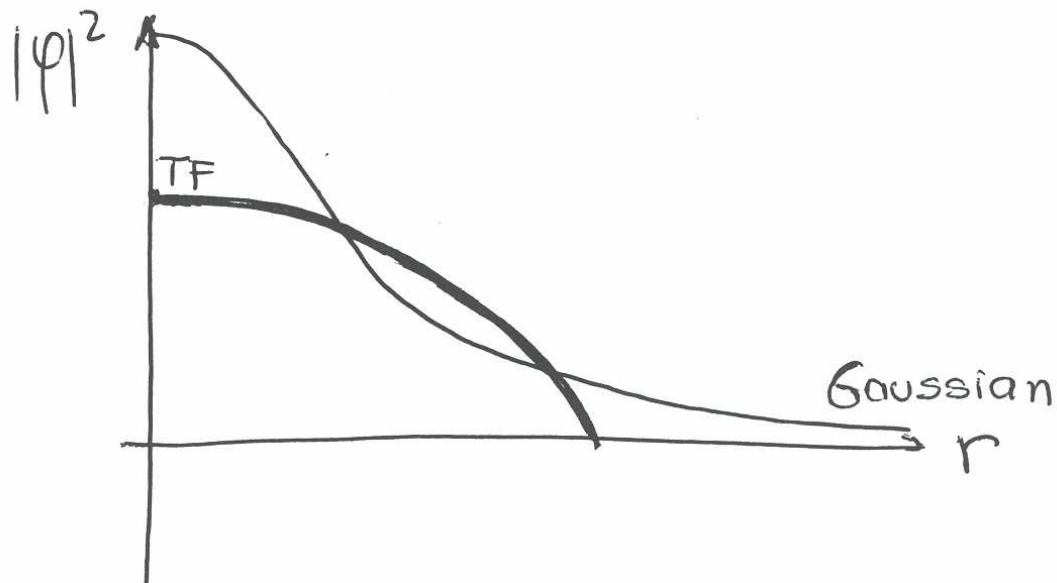
Since  $\mu = \frac{\partial E}{\partial N} \rightarrow E \approx \frac{5}{7} C' N^{7/5}$

$$\frac{E}{N} \approx \frac{5}{7} C' N^{2/5}$$

↑  
same cte  
appears in  $\mu$

$$\Rightarrow \boxed{\frac{E}{N} = \frac{5}{7} \mu}$$

Energy of each  
particle in the  
system



Central density of the cloud at TF  
is

$$M(0) = \frac{\mu}{A} = \frac{\left(\frac{15}{2}\right)^{2/5} \left(\frac{Na}{\rho_0}\right)^{2/5} h\omega}{\frac{4\pi Na h^2}{m}}$$

$$M(0) = \propto \frac{h\omega}{(Na)^{3/5}}$$

## Renormalized perturbation theory

\* Combination of variational and perturbation techniques

$$U(r) = \frac{1}{2} m \omega^2 r^2$$

$$l_0 = \sqrt{\frac{\hbar}{m\omega}} \quad ; \quad a \equiv \text{scatt. length}$$

$$H = -\frac{\hbar^2}{2m} \nabla^2 + \frac{1}{2} m \omega^2 r^2 + A |\varphi|^2$$

Defining the interacting parameter  $g$

$$g = \frac{mA}{\hbar^2 l_0} = 4\pi N \frac{a}{l_0}$$

Using length in units of  $l_0$   
Energy " " of  $\hbar\omega$

$$H = -\frac{1}{2} \nabla^2 + \lambda^2 r^2 + \frac{g|\varphi|^2}{\omega}$$

↳ normalized frequency.

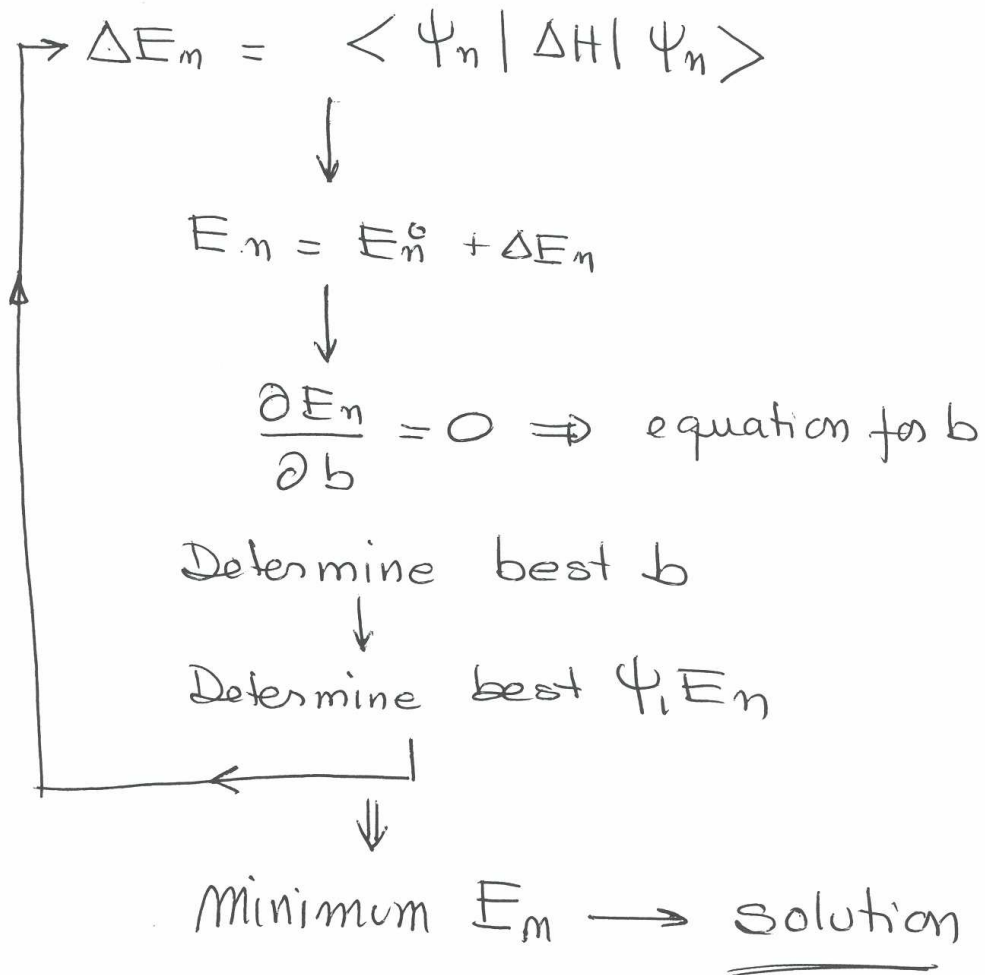
Question: How different is this problem  
from  
 $H_0 = -\frac{1}{2} \nabla^2 + b^2 r^2$  ?

→ Solve in terms of  $H_0$

Solution  $H_0 \Rightarrow \{ \psi_n \}$  and  $\{ E_n^0 \}$

$$\Delta H = H - H_0 = \frac{1}{2}(\lambda^2 - b^2)r^2 + g|\varphi|^2$$

Considers  $\varphi$  as  $\psi_n$



Ground state for harmonic oscillator

$$g_0 = \frac{g}{(2\pi)^{3/2}}$$



$$E_0 \approx \left[ \frac{3}{2} + g_0 - \frac{3}{4} g_0^2 \right] \hbar \omega$$

weakly - coupling

Interesting situation →  $a < 0$

Instabilities



Solving for  $E_0$  we find that for a critical value of  $g_0$ ,  $E_0$  become complex!!!!

$$g_0^c \approx -0.2674$$

$g_0 > g_0^c$   
 $\Rightarrow$  complex

$$4\pi N \frac{a}{l_0} < g_0^c \Rightarrow$$

$$N_c \approx \frac{(g_0^c) l_0}{4\pi a}$$

$N > N_c \rightarrow$  No stationary solution

$$\text{Ex: } {}^7\text{Li} \rightarrow a = -1.5 \cdot 10^7 \text{ a.u.}$$

$$b_0 = 3.16 \cdot 10^4 \text{ a.u.}$$

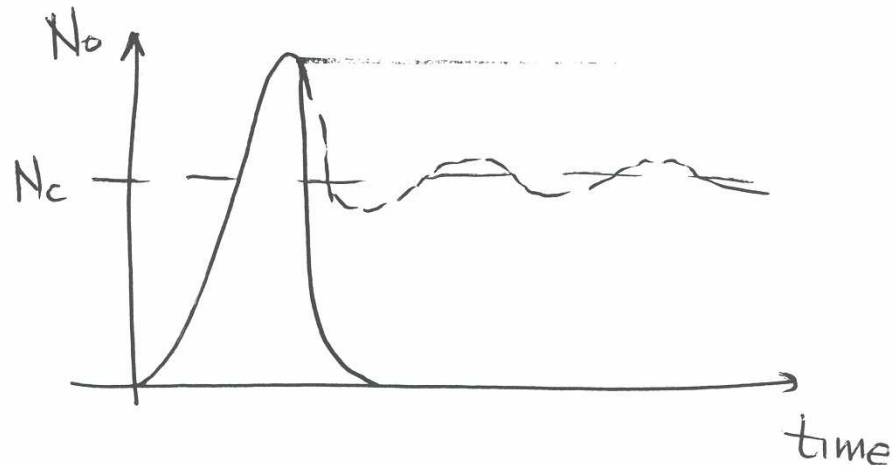
$$\rightarrow \boxed{N_c \approx 707}$$

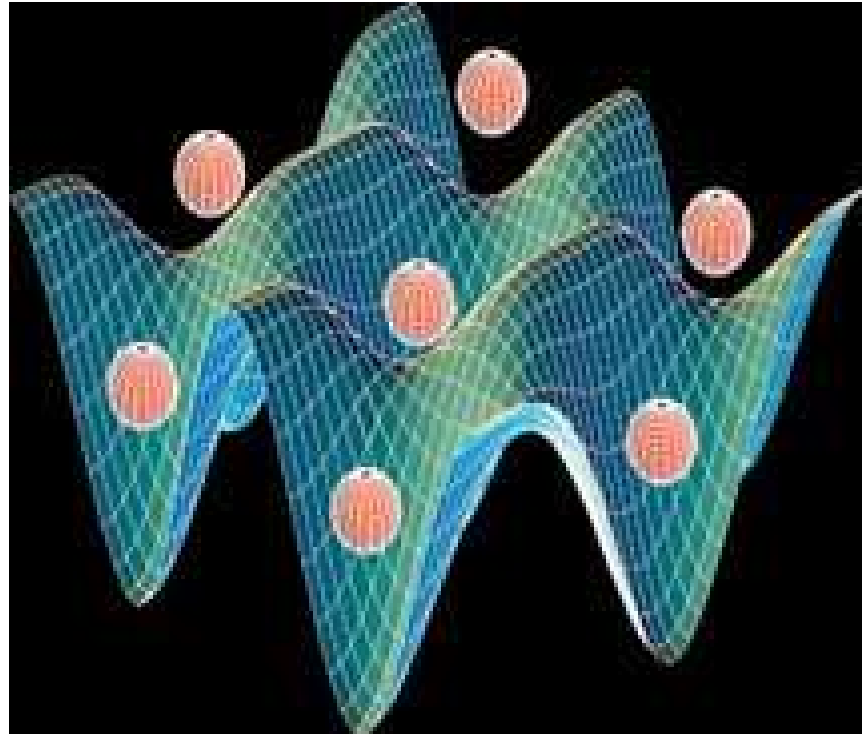
$$E_0 = \text{Re}\{E_0\} + \text{Im}\{E_0\} i$$

↑ decay time

$$\bar{\tau} \approx \frac{0.9601}{\omega g^{2/5}}$$

Hulet's case  $\bar{\tau} \sim 0.6 \text{ ms}$





## BEC from an optical lattice (2D)

Let us consider a set of bosons in a 2D optical lattice

- \* Consider atoms cooled to the lowest vibrational states of the lattice sites.
- \* There is no more than one atom per site
- \* Occupation number is  $\xi$ .
- \* ~~Consider~~ Adiabatically remove the lattice potential
- \* If  $\xi = 1 \Rightarrow$  atoms become a  $T=0$  BEC
- \* If  $\xi < 1$  . What is the smallest occupation number  $\xi_0$  which will result in formation of BEC after adiabatically removing the lattice

During an adiabatic change of the lattice, the entropy  $dS = \frac{dQ}{T}$  does not change. Therefore, to end with a BEC after relaxing the optical lattice one must have in the lattice an entropy equivalent to the free BEC entropy.

For the lattice: Consider that there are  $P$  available lattice sites, and  $\xi P$  occupied. The entropy of this system can be calculated evaluating the configurations of occupation

$$\Omega = \frac{P!}{(\xi P)!(P - \xi P)!}$$

The entropy is calculated as

$$S = k_B \ln \Omega$$

$$= k_B \ln \frac{P!}{(\xi P)!(P - \xi P)!}$$

$$= k_B \{ \ln P! - \ln (\xi P)! - \ln (P - \xi P)! \}$$

Using Stirling's relation ( $\ln P! \approx P \ln P - P$ )

$$\boxed{S = k_B P \{ (\xi - 1) \cdot \ln(1 - \xi) - \xi \ln \xi \}}$$

For Bose gas below  $T_c$

$$C_v = \left( \frac{\partial E}{\partial T} \right)_v \quad \text{and} \quad S = \int_0^T \frac{C_v dT'}{T'}$$

To evaluate  $E$ :  $E = - \frac{\partial}{\partial \beta} \ln Z$

$$\Downarrow$$
$$E = \frac{3}{2} \frac{KT}{\lambda_D^3(T)} g_{5/2}(e^{\mu/kT})$$

$$\Downarrow$$
$$S = 1.283 N \left( \frac{T}{T_c} \right)^{3/2}$$

For the lattice case,  $N = \xi P$

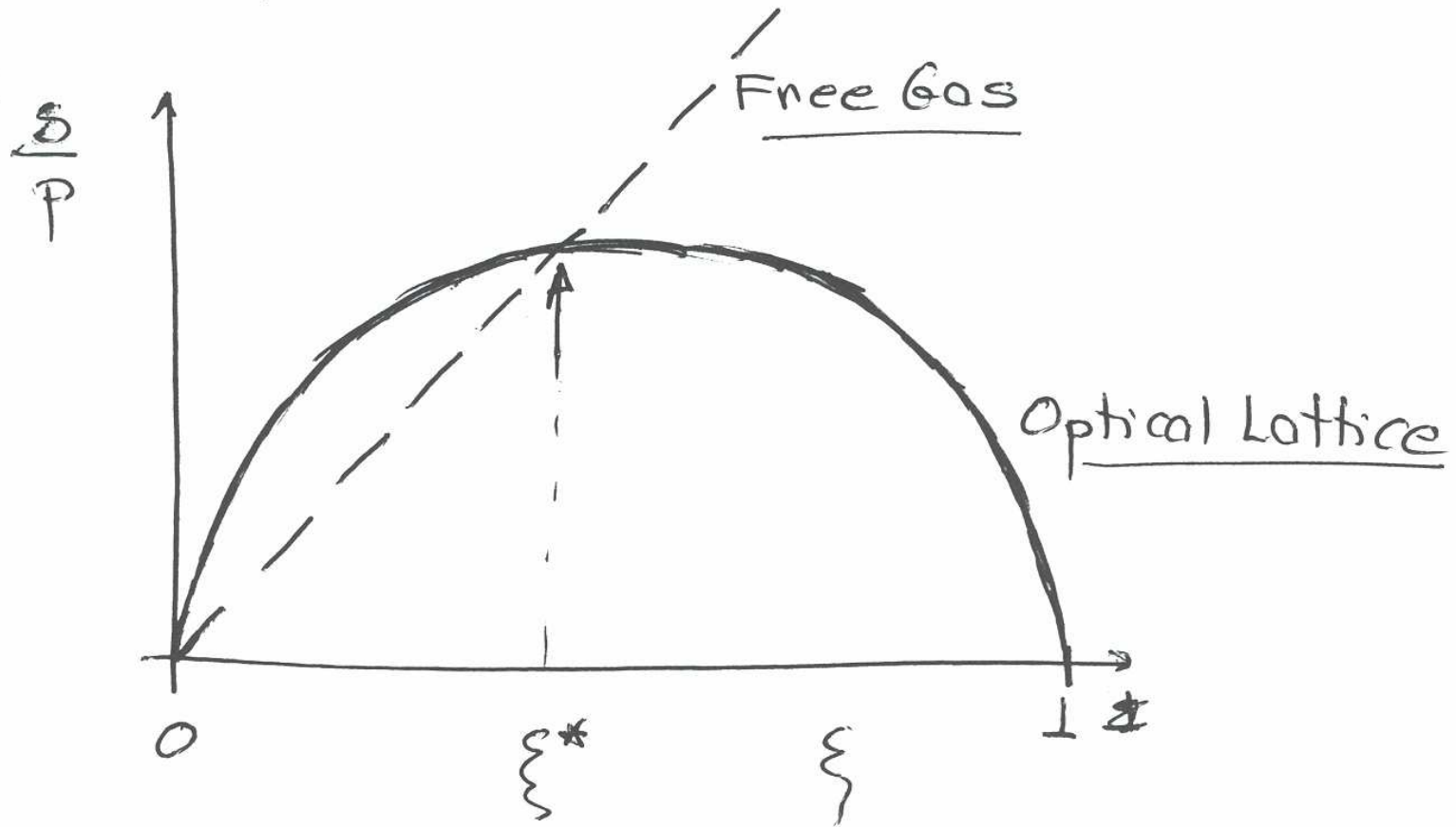
$$\text{so } S = 1.283 \xi P \left( \frac{I}{T_c} \right)^{3/2}$$

Per lattice site

$$\frac{S}{P} = k_B \{ (\xi - 1) \ln(1 - \xi) - \xi \ln \xi \} \quad \text{lattice}$$

$$\frac{S}{P} = 1.283 \xi \left( \frac{I}{T_c} \right)^{3/2}$$





$$\xi > \xi^* \approx 0.54$$

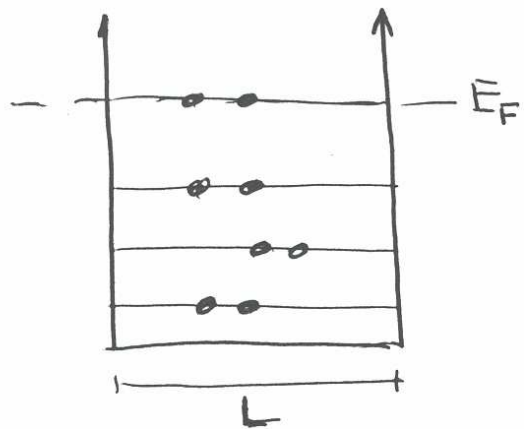
to keep having  
a BEC

You will cool down with the  
transformation

# Fermi Energy for a Harmonic Trap

\* Many groups working with fermions

A collection of fermions in a box (3D)  
(Consider Spin  $\frac{1}{2}$ )



$$E = \frac{\hbar^2 \pi^2}{2mL^2} (M_1^2 + M_2^2 + M_3^2)$$

↓

$$M_1^2 + M_2^2 + M_3^2 = R^2 = \frac{2mE_F L^2}{\hbar^2 \pi^2}$$

$$N = 2 \times \frac{1}{8} \frac{4\pi}{3} R^3 \Rightarrow$$

$$n = \frac{N}{V}$$

$$E_F = \frac{\hbar^2 \pi^2}{2m} \left( \frac{3m}{\pi} \right)^{2/3}$$

N particles in a Harmonic Trap.

$$U(x, y, z) = \frac{1}{2} m \omega^2 (x^2 + y^2 + z^2)$$

$$\rightarrow \underline{E} = \hbar \omega (n_x + n_y + n_z) \quad (E_0 = 0)$$

In units of  $\hbar \omega$

$$\underline{E} = n_x + n_y + n_z$$

For a given energy, how many combinations of  $n_x, n_y, n_z$  are possible?

Let's count: For a energy E

$M_x$	$M_y$	$M_z$	# states
E	0	0	1
E-1	1	0	} 2
E-1	0	1	
E-2	2	0	} 3
E-2	1	1	
E-2	0	2	
			⋮

Number of states for a given energy  $E$

$$M(E) = \sum_{i=1}^E (i+1) \\ = \left(\frac{E+2}{2}\right)(E+1) \approx \frac{E^2}{2}$$

To find Fermi-Energy

$$N = \sum_{E=1}^{E_F} M(E) \approx \frac{1}{2} \sum_{E=1}^{E_F} E^2 = \frac{1}{2} \frac{E_F(1+E_F)(1+2E_F)}{6}$$

$$N \approx \frac{E_F^3}{6}$$

$$\therefore E_F = \hbar \omega (6N)^{1/3}$$

Temperature

$$KT_F = E_F$$

$$(KT_c = 0.94 \hbar \omega N^{1/3})$$

Bosons



If an unisotropy is introduced

$$U(x, y, z) = \frac{1}{2} m \omega^2 ((\lambda x)^2 + y^2 + z^2)$$



Easy to show that

$$E_F = \hbar \omega (6N\lambda)^{1/3}$$

# Important properties of Quant. Fluids

- \* Superfluidity
- \* Coherence

(1) Speed of sound: travel of compression waves

$v_s$  depends on:  $\mu$ ,  $M$  and  $\omega$

Dimensional analysis:  $v_s = \mu^\alpha M^\beta \omega^\gamma$

$$v_s \cong \sqrt{\frac{\mu}{M}}$$

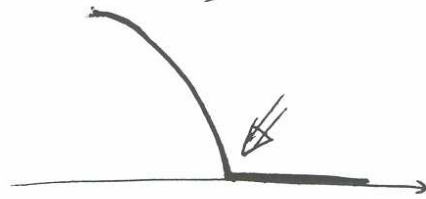
Motions slower than  $v_s$  - condensate flows smoothly around obstacles.

- Above  $v_s$  may occur excitation of particles out of the condensate.

## (2) Healing length

Neglecting kinetic term  $\rightarrow$  Thomas-Fermi

$\rightarrow$  unrealistic sharp edge



$$\nabla^2 \psi \rightarrow \infty$$

- $\Rightarrow$  At the boundary, have to take into account kinetic energy
  - $\Rightarrow$  Shortest distance over which wavefunction can change  $\rightarrow$  healing length  $(\xi)$
-



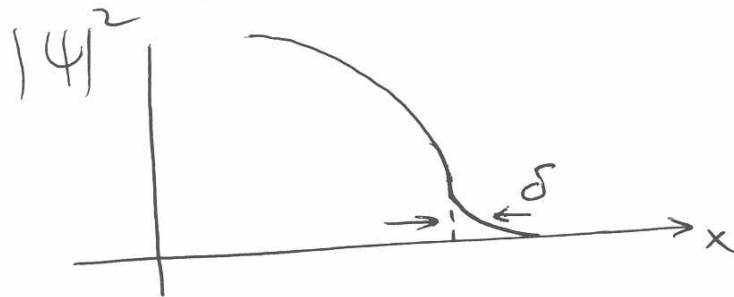
→ Kinetic term =  $\frac{\hbar^2}{2M\xi^2}$  and this must be about

the energy amplitude of the system

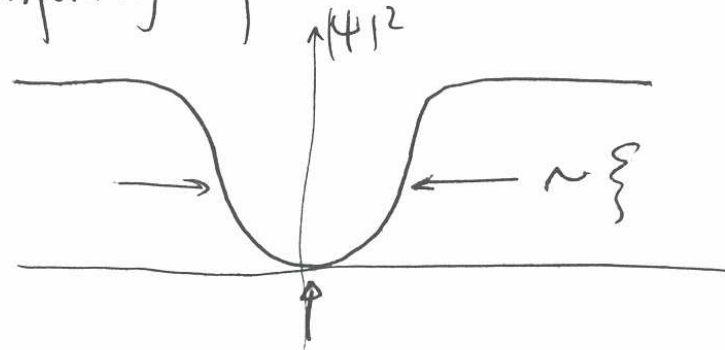
$$\frac{\hbar^2}{2M\xi^2} \simeq \mu = \frac{4\pi\hbar^2 a M_0}{M}$$

$$\xi = \frac{1}{\sqrt{8\pi a M_0}}$$

Typical for Na BEC  
 $\xi \sim 0.3 \mu\text{m}$



The healing length  $\xi$  is also the quantity that determines the size of vortices when the confining potential rotates.



"  $\xi$  is the typical length in which the superfluid recovers from a sharp change "